

		MENU CYCLE							The Glebe Center	Week #1
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Breakfast		Toast or Muffin Asst Hot & Cold Cereal Scrambled or Boiled Eggs	Toast or Muffin Asst Hot & Cold Cereal Scrambled or Boiled Eggs	Toast or Muffin Asst Hot & Cold Cereal Scrambled or Boiled Eggs	Toast or Muffin Asst Hot & Cold Cereal Scrambled or Boiled Eggs	Toast or Muffin Asst Hot & Cold Cereal Scrambled or Boiled Eggs	Toast or Muffin Asst Hot & Cold Cereal Scrambled or Boiled Eggs	Toast or Muffin Asst Hot & Cold Cereal Scrambled or Boiled Eggs		
Lunch	Appetizer	Harvest Vegetable Soup	Cream of Celery Soup	Italian Tomato Soup	Beef Barley Soup	Garden Vegetable Soup	Chickpea with Mushroom & Sage Soup	French Onion Soup		
	Main Entrée	Cheese Cannelloni	Beef Hot Dog	Pork Tourtiere	Seasoned Chicken Breast	Cheese Pizza	Spaghetti with Meat Sauce	Sausage Rolls		
		Mashed Potatoes Sliced Carrots	Mashed Potatoes Stewed Tomatoes with Zucchini	Scalloped/Mashed Potato Honey Glazed Carrots	Mashed Potatoes Italian Blend Vegetables	Mashed Potatoes Diced Squash	Mashed Potatoes Green Peas	Mashed Potatoes San Francisco Blend Mixed Vegetables		
	Alternate Main Entrée	Tuna Salad Sandwich	Minced Ham Sandwich	Chicken Salad Sandwich	Egg Salad Sandwich	Minced Beef Sandwich	Ham Salad Sandwich	Minced Chicken Sandwich		
Dessert	Garden Salad Chocolate Ice Cream Diced Pears	Garden Salad Maple Pudding Cake Applesauce	Garden Salad Iced Orange Cake Banana	Garden Salad Iced Vanilla Cake Diced Watermelon	Garden Salad Date Square Fruit Cocktail	Creamy Coleslaw Salad Apple Cinnamon Pudding Cake Sliced Apples	Garden Salad Chocolate Cream Pie Diced Pineapple			
PM	Snack	Applesauce	Bear Paw	Cheese and Crackers	Nutrigrain	Jello	Chocolate Pudding	Fruit Cup		
Supper	Appetizer	Butternut Squash with Ginger Soup	Barley & Vegetable Soup	Chicken & Wild Rice Soup	Lentil Soup	Navy Bean Soup	Tomato Vegetable Soup	Corn Chowder Soup		
	Main Entrée	Roast Pork	Honey Garlic Chicken	Broccoli Alfredo Pasta	Teriyaki Meatballs with Rice	Pulled Pork	Chicken Thigh with Mushroom Sauce	English Style Fish with Tartar Sauce		
		Mashed Potato Peppers & Onions	Mashed Potatoes Green Beans	Mashed Potatoes Mixed Vegetables	Mashed Potatoes Brocoli	Mashed Sweet Potatoes Brussel Sprouts	Mashed Potatoes Asparagus	Mashed Potatoes Sauteed Zucchini		
	Alternate Main Entrée	Chicken Salad Sandwich	Cheese Sandwich	Minced Beef Sandwich	Ham Sandwich	Turkey Sandwich w/ Current Jelly	Salmon Salad Sandwich	Egg Salad Sandwich		
Dessert	Green Salad Cheesecake Fruit Cocktail	Garden Salad Chocolate Éclair Apricot Halves	Garden Salad Homemade Rice Pudding Mandarin Oranges	Garden Salad Chocolate Pudding Cake Pineapple Tidbits	Garden Salad Assorted Ice Cream Diced Pears	Pasta Salad Chocolate Cake Diced Peaches	Garden Salad Lemon Meringue Pie Tropical Fruit Cocktail			
HS	Snack	Jello	Chocolate Pudding	Fruit Cup	Applesauce	Cheese and Crackers	Nutrigrain	Turnover Cookie		

All Meals & Snacks: Water, Assorted Juice, Milk, Coffee, Tea, Condiments, Assorted Fruit

Revised 2016